



Meeting #2, 2/19/2025

Discussion Questions for Part II: Tinder

1. Walrond discusses the comfort of having a job and “being able to do it on autopilot” (p. 60) Have you ever felt this way about advising (or about another career)?
2. When you ask yourself these questions, what are the first things that come to your mind (p. 60):
 - a. What am I good at?
 - b. What do I love?
 - c. What gifts have been placed in my trusteeship?
3. Walrond includes a great exercise to help “Find Your Light Words” on pp. 202-206. What is one thing you currently love to do? When you deeply consider it, what about it makes you love it?
4. If integrity is a deeper, more meaningful form of authenticity (pp. 72-73), then what things do you see as integral to living with integrity?
5. Walrond says that “cultivating courage requires becoming clear--and I mean crystal clear--about our values” (p.73). What one value do you return to when you're having trouble being courageous?
6. Jordan Seaberry is quoted as saying, “I try to approach everything knowing that there are pieces of their story that I don't know and won't ever know. But if you think about it, empathy is actually tied up in that unknowing. We don't have to know everyone's story to love them” (p.78). How does this idea resonate (or not resonate) with you with respect to the students that we serve?
7. Walrond writes, “Staying rooted in our core values is certainly paramount in our activism, but doing so in empathy, compassion, and kindness is what will truly fulfill us” (p. 83). Our profession provides seemingly endless opportunities to practice compassion--and many when that practice is difficult. What most challenges your ability to practice compassion?

